

# St. Frances Cabrini Catholic Church

12001 69th St. East, Parrish, Fl. 34219

SECOND SUNDAY OF LENT

WWW.SFXCPARRISH.COM

sec@sfxcparrish.com

941.776.9097

OFFICE HOURS

Mon.-Fri 8:00am-4:00pm



Fasting isn't about  
impressing God,

but *connecting*  
*with Him.*



## SCHEDULE OF MASSES

**Daily Mass: WED.THU, FRI -8:30 am**

**Tuesday 5:30PM**

**Saturday Vigil: 4:00 PM**

**Sunday: 8:00 AM & 9:45 AM**

**Pastor: Fr. Joseph Gates**

## PARISH STAFF

Operations Manager: Richard Lind  
Religious Education: Mary Jo Chronis  
Sacramental Coordinator: Chris Malone  
Liturgy Coordinator: Lydia Herrera  
Maintenance & IT: Ernie Nolder  
Maintenance: Roger Rodriguez  
Data Entry: Tom Moline

**FEBRUARY 18, 2024**

# Weekly Mass Intentions



## TUESDAY

5:30pm

Req. By:

2nd Int.

## WEDNESDAY

8:30am

Req. By:

2nd Int.

Req. By:

## THURSDAY

8:30am

Req. By:

2nd Int.

Req. By:

## FRIDAY

8:30am

Req. By:

2nd Int.

Req. By:

## SATURDAY

4:00 pm

Req. By:

## SUNDAY

8:00am

Req. By:

9:45.

Req. By:

## FEBRUARY 20

+**MELINDA JOHNSON**

Lucy Morell

+**EACH SOUL IN PURGATORY**

## FEBRUARY 21

+**MARIA MIA**

Ann Nguyn

+**BETTY HARTUNG**

Daughter

## FEBRUARY 22

+**MELINDA JOHNSON**

Homebound Ministry

+**EVERY SOUL IN PURGATORY**

Patty

## FRIDAY 23

+**JOHN MATOTEK**

Lucy

+**PATRICIA WERTZ**

Cathy Barklay

## FEBRUARY 24

+**CASEY VENHUIZEN**

Loving Family

## FEBRUARY 25

+**MR. & MRS. BERNALDO ENDAYA**

Children

+**JOSE LUIS SANCHEZARIZPA**

Wife & Children

### Last Rites & Anointing of the Sick

**Due to the Distance from Parrish Manatee Hospital:**

St. Joseph: 941-756-3732

Sacred Heart: 941-748-2221

**Lakewood Ranch Hospital:**

Our Lady of the Angels: 941-752-6770

**Doctor's Hospital Sarasota:**

Incarnation: 941-921-6631

St. Patrick's: 941-378-1703

### \*DO NOT WAIT TILL THE LAST MINUTE\*

If in Hospice at home—please call as soon as Possible preferably during the day!

Emergency Number **813-629-3963** for Priest in case of Death



## TODAY'S SCRIPTURE READING

**First Reading 23:Gn9:8-15**

**Psalms 25:4-9**

**Second Reading 1Pt 3:18-22**

**Gospel Reading Mk 1:12-15**

### SACRAMENTS:

Contact the Office

**Baptism:** For registered & active parishioners: Baptism instruction is required for Parents.

**Reconciliation:**

**Saturdays 2:00-3:00 PM**

**In the main Church**

**or by Appointment**

**Weddings:** Must be arranged with the pastor at least 6 months before the date desired.

**Funerals:** Please contact the Office for a meeting for Dates, Readings, and music. There are certain policies in place at St. Frances Cabrini for the respectful burial of your loved one.



**Thrift Store Hours**

**9:00am-2:00pm**

**Monday-Friday**

**Closed: Wednesday & Weekends**

# FIRST SUNDAY OF LENT



## READINGS FOR THE WEEK

### MONDAY

224: Lv19:1-2,11-18 Ps 19:8-10,15 Mt 25:31-46

### TUESDAY

225: Is 55:10-11 Ps 34:4-7,16-19 Mt 6:7-15

### WEDNESDAY ST PETER DAMIAN

226: Jon 3:1-10 Ps 51:3-4,12-13,18-19 Lk 11:29-32

### THURSDAY THE CHAIR OF ST. PETER THE APOSTLE

535:1Pt 5:1-4 Ps23:1-6 Mt 16:13-19

### FRIDAY ST. POLYCARP

228: Ez 18:21-28 Ps 130:1-8 Mt 5:20-26

## Supporting our Diocese

Our Goal to support the Diocesan Offices, Missions, and Charities.

CFA 2023 Final  
Goal \$19800.00  
Actual \$222575.31



## Parish Focused Giving

Helping to relieve our Parish of St. Frances Cabrini Debt!

Goal: \$174,559.61  
Balance \$149265.23

## This Week in Faith Formation

### Sunday, February 18th

FFF Community Event 11:00-12:30 PM

[Families meet in Church immediately following 9:45 am Mass for Adoration!]

### Monday, February 19th

Divine Mercy Cenacle 6:30-8:00 PM

### Tuesday, February 20th

### Wednesday, February 21st

Divine Mercy Cenacle 9:30-11:00 AM  
6<sup>th</sup> - 8<sup>th</sup> Grade & Confirmation Y1/Y2 6-8 PM

### Thursday, February 22nd

"Restore" & "Fearless" 9:30-11:00 AM  
OCIA 6:00-8:00 PM  
"The Wild Goose" 6:30-7:30 PM

### Friday, February 23rd

Stations of the Cross after 8:30 AM Mass

Bible Study 9:30-11:00 AM  
Stations of the Cross 5:30 PM

### Saturday, February 24th

TMIY 6:30-8:00 AM

## Upcoming Information

### Sunday, February 25th

First Communion Y2 11:00-12:30 PM

### Monday, February 26th

Divine Mercy Cenacle 6:30-8:00 PM

### Tuesday, February 27th

Young Adult Bible Study 7:00-8:00 PM

### Wednesday, February 28th

Divine Mercy Cenacle 9:30-11:00 AM  
HSYG w/ Fr. Joseph 6:30-7:30 PM

### Thursday, February 29th

"Restore" & "Fearless" 9:30-11:00 AM  
OCIA 6:00-8:00 PM  
"The Wild Goose" 6:30-7:30 PM

### Friday, March 1st

Stations of the Cross after 8:30 AM Mass

Bible Study 9:30-11:00 AM  
Stations of the Cross 5:30 PM

### Saturday, March 2nd

TMIY 6:30-8:00 AM



# FAITH FORMATION

# FORMED

THE CATHOLIC FAITH.  
ON DEMAND.

St. Frances Cabrini invites you to take advantage of our FREE subscription to FORMED.org with Catholic programming for the **entire family!** To set up your FREE account, visit [formed.org/signup](http://formed.org/signup) and select our parish.

[You can search by zip code 34219]

There is also an APP ~ learn more at [app.formed.org](http://app.formed.org).

Below are a few examples of programs available for families, parents, children, youth, and adults...



Come join a **NEW** study group to help you draw closer to God during the Lenten season of prayer, fasting, almsgiving, and sacrifice! The group will meet on Thursdays from 9:30-11:00 AM starting February 15<sup>th</sup>. [Optional "Guided Lent Journal" available for \$10.]

You're invited to take part in a 14-week study that will give you the opportunity to experience a deeper relationship with the Holy Spirit. Each session will consist of watching an episode followed by a small group discussion/reflection. The group will meet in the Cabrini Center on Thursday evenings from 6:30-7:30. Sessions begin January 25<sup>th</sup> and end May 9<sup>th</sup>. The study group will be led by Paul and Diane Dadowski. Call the Parish Office to register! 941-776-9097.

## FRIDAYS † IN LENT

— 40 Days Of Renewal —



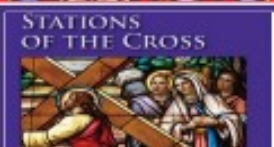
Eucharistic Adoration

9:30 AM—5:00 PM  
(Any Funerals will be 10:30-11:30AM)



Confessions  
4:00 PM-5:00 PM

Saturdays  
2PM-3:00PM



Stations of the Cross  
9:00 AM & 5:30 PM

Please Keep in Prayer our:

OCIA Candidates

Confirmation Candidates

First Communion Children

Loving God, you gather us as your people and have formed us into a community of faith, hope and love; a priestly, prophetic and kingly people. Humbly we ask you, make our parish truly a communion of communities. Help us to turn away from sin and believe the Gospel, so that we may be faithful disciples of Jesus Christ, and to be more like Him day by day. Guide our parish leaders with your wisdom and love. Inspire all our parishioners to offer our time, talents and treasures as stewards of the Gospel, for the growth of your Kingdom.

May the Holy Spirit enlighten and invigorate us to actively participate in the mission you entrusted to us, so that we may be a worshipping, witnessing, evangelizing and serving community. May the spirit of collaboration and co-responsibility bring us into a fuller and fruitful communion with you and with one another. We ask this through Christ, our Lord. Amen.

**FEBRUARY 18,2024**



**Our Mother's House**

**~ Items Needed ~**

- Clorox wipes
- Multipurpose cleaner
- Toilet paper
- Paper towels
- Pull ups (size 3t, 4t, 5t)
- Dish sponges
- Diapers (size 3,4,6)
- Quart and Gallon storage bags
- Hand soap
- Menstrual pads/tampons,
- Shea moisture hair care products
- Baby wash & lotion
- Diaper cream
- Bleach & Laundry soap,
- Mouthwash.
- \$25 gift cards for Publix, Walmart, and Gas stations.

Our Mother's House is a 2-year transitional living program located in the heart of Venice, FL, dedicated to empowering single mothers and their children. With a profound belief in the inherent strength and resilience of every mother, we provide a safe and nurturing environment where mothers can find hope, stability, and the tools needed to build a brighter future.

Through our holistic approach, we strive to break the cycle of poverty, empowering mothers to become self-sufficient, confident, and independent. Together, we are creating a haven of love, support, and empowerment, where every mother and child can thrive and flourish.

**Please place items in the crib  
in the Narthex.**



**Ash Wednesday to Palm Sunday**

**FEBRUARY 18, 2024**



**CALLED**  
2024 AMU YOUTH CONFERENCE

ISAIAH 43:1  
"FEAR NOT, for I have redeemed you;  
I have CALLED YOU by NAME, you are MINE"

**EARLY BIRD \$150**  
Valid until April 30, 2024

**REGISTRATION: \$190**

Includes Mass, Adoration,  
Praise and Worship, Fellowship,  
Lodging, Meals, T-Shirt,  
Pizza Night & More!

**FEATURING:**

- NOELLE GARCIA
- FR. TIMOTHY ANASTOS
- PAM STENZEL
- FR. JOSEPH LUGALAMBI
- FR. RICH PAGANO
- EPIC MUSIC MINISTRIES



(231) 344-4725  
amconferences@gmail.com

AVE MARIA  
UNIVERSITY

amconferences.com



**ARE YOU ✚  
✚ GOING**

to the **first** National Eucharistic  
Congress in 83 Years?

INDIANAPOLIS, IN  
JULY 17-21, 2024



NATIONAL  
Eucharistic  
Congress

**Knights of  
Columbus**

CHARITY — UNITY — FRATERNITY — PATRIOTISM



Mother Cabrini  
K OF C  
#12155  
Council



Every Friday in  
Lent.  
5:00-7:00 PM  
Starts Feb. 16  
Drive Thru

Only @ The Cabrini Center

## Lenten Kitchens by Helen Hoffner, ED.D.

Do your Lenten traditions include a spring cleaning of your kitchen? For our Catholic ancestors, spring cleaning meant emptying the house of sugary treats to prepare for Lenten fasting. They used up their supplies of butter and sugar by baking desserts to eat during Shrovetide, the week before Lent. Traditional Shrovetide foods include pancakes with lots of butter and syrup as well as fasnachts and paczki.

Fasnachts are a square-shaped fried pastry. Authentic fasnachts are made with potatoes and never have frosting or sprinkles. Unlike donuts, fasnachts do not have holes. The name fasnachts comes from a German word that means fast night or the night before the fast.

Paczki are jelly-filled buns that are a special treat for Catholics of Polish descent. In Poland, paczki are eaten on *Thusty Czwartek* (Fat Thursday) which is the Thursday before Ash Wednesday. In the United States, paczki are usually enjoyed on the Tuesday before Lent to coincide with other pre-Lenten observances.

If Catholics give up desserts during Lent, how do they satisfy their cravings?

According to legend, pretzels, a popular snack food, were developed by a monk circa 610 AD to help Catholics keep their Lenten fast. The monk took scraps of bread dough and twisted it into the shape of a prayer position, two arms crossed over the chest with hands touching the shoulders. Since the only ingredients were water, flour, and salt, and because of its prayerful shape, the pretzel soon became the perfect food to eat during Lent.

For a time, it had been customary in Europe to only sell pretzels from Ash Wednesday to Easter Sunday. Today they are sold throughout the year but there are still many customs associated with pretzels and Lent. Catholics in Luxemburg celebrate Pretzel Sunday, *Bretzelsonndeg*, on the third Sunday of Lent. On Pretzel Sunday, a boy gives a pretzel to a girl that he likes. If the girl returns his affection, he is invited to visit her home on Easter Sunday to receive a gifted of decorated eggs. During leap years, the custom is reversed so that girls give pretzels to boys, and boys decorate eggs for the girls.

Hot cross buns are a Lenten food with a visible reminder to pray. According to legend, a 12<sup>th</sup> century monk blessed the bread he was making by using a knife to trace a cross in the dough before it was baked. Small buns marked by a cross became a popular food eaten throughout Lent and especially at 3:00 PM on Good Friday. Hot cross buns are made with water rather than milk in keeping with Lenten fasting customs.

To discourage Catholic practices after the Protestant Reformation, Queen Elizabeth I of England issued a decree in 1592 stating that hot cross buns could only be eaten on Good Friday and Christmas or as part of a meal after a funeral. Any English subjects who were caught baking or eating them at other times had to give their remaining supply to the poor.

Fish is one of the most popular choices for fasting days such as Ash Wednesday and Good Friday. Throughout history, however, church leaders have had to specify exactly which creatures were classified as fish. In the Middle Ages, beaver tail was considered fish because it had scales but the body was classified as meat and could not be consumed when fasting.

In 2010, Rev. Gregory Aymond, Archbishop of New Orleans, assured Louisiana's Catholics that they could eat alligator during Lent. Other suitable fare included turtles, snakes, and capybaras.

McDonald's, the world's largest chain of fast food restaurants, responded to their customers' needs when they added a filet-of-fish sandwich to their menu. In 1959, Lou Groen opened the first McDonald's franchise in Monfort Heights, Ohio. Business was especially slow on Fridays because 87% of the area's population were Catholics who fasted from meat on that day. Groen developed a fish sandwich to lure Catholics but Ray Kroc, McDonald's founder, said, "I don't want my stores stunk up with the smell of fish!"<sup>2</sup> Kroc's alternative was a grilled pineapple and cheese sandwich that he called the Hula Burger.

On Good Friday, 1962, both the Filet-O-Fish sandwich and the Hula Burger were offered in a few restaurants to determine which the public preferred. The Filet-O-Fish sandwich was the customers' overwhelming favorite and became a staple of the McDonald's menu.

Theories abound as to how fish became the go-to food for Catholics. Perhaps it is because ancient Jewish laws permitted fish on days of abstinence. Some believe it is because, in many cultures, fish is considered a poor man's meal. In that spirit, Catholics who are fasting are reminded to have only a simple meal rather than indulge with elegance from the sea such as lobster or caviar. Prayerful intentions, local resources, and ingenuity have led to recipes and messages to fast and pray during Lent. Lenten foods such as fish, fasnachts, paczki, pretzels, and hot cross buns remind us to cleanse our palates and our souls as we reflect and prepare to celebrate Christ's resurrection at Easter. (Catholicexchange.com)



And he said unto them, This kind can come forth by nothing, but by Prayer and Fasting.\* -Mark 9:29 It seems like many times we miss the whole essence of Fasting and Prayer, perhaps because we have started becoming comfortable with "This Kind"





## Groover Funeral Home at Mansion Memorial Park

FUNERAL HOMES AND CREMATION SERVICES

Vincent J. Cipriano  
Pre-Planning Advisor

1400 36th Avenue E (Ellenton-Gillette Rd)  
Ellenton, Florida 941-722-6602



Hablamos Español

If the final resting place for your loved one is in another state, we can accommodate this need.



**DAVID M. BRACCIANO, D.O.**  
Dermatology & MOHS Surgery

8430 Cooper Creek Blvd., Suite 102 | University Park, FL 34201  
941.360.2255  
www.braccianodermatology.com

Place Your Ad Here and Support our Parish!

Instantly create and purchase an ad with

AD  
CREATOR  
STUDIO



4lpi.com/adcreator



Two Locations  
8218 Old Tampa Rd  
US 301 N • Parrish  
776-8833  
500 8th Ave. W • Palmetto  
725-4000  
\*\* Mixate Oil Change  
No Appointment Necessary



**Edward Jones**

Member SIPC



**Ray Parker**  
Financial Advisor  
5889 53rd Ave. E.  
Bradenton, FL 34203  
941-727-0204  
Parishioner

MKT-58940-A AECSPAD • edwardjones.com



Melissa Raleigh

401-742-5784  
Parishioner



**INJURED?**  
**JUSTICE PAYS.com**

941-907-3088

**Bernie Walsh** Parrish



**James F Morrison III, CFP®, AAMS®**  
Financial Advisor  
1001 3rd Ave West  
Suite 170  
Bradenton FL 34205  
941-722-0163



5 Stars

**650+**  
Google &  
Angi's List  
Reviews



As Satisfying  
As Possible



www.lpacservices.com | (941) 755-7122

Trusted. Committed.  
Banking Forward.

**SouthState**

**Brian Miller**  
Branch Manager  
1225 US Hwy 301  
Parrish, FL 34279  
941-776-1888  
SouthStateBank.com  
Member FDIC



HELPING  
YOU FROM  
START TO  
FINISH



(941) 704-9744  
judy@judyaarnes.com

**LET'S GROW YOUR BUSINESS**

Place Your Ad Here and Support Our Parish!

CONTACT ME  
**Trey Hill**

thill@4LPi.com  
(800) 950-9952 x2613

Like a good neighbor,  
State Farm is there.®

**KIM VOLÉ**  
Agent

8169 US Highway 301  
Parrish, FL 34219  
Off: 941-776-5900



State Farm® Insurance Companies  
Home Office, Bloomington, Illinois

www.kimvole.com

**AIRPORT & CRUISE LINE TRANSPORTATION**  
Friendly and Courteous Service  
941-744-6050  
Mike & Caroline Baldassarre  
20 years in business

SUPPORT OUR  
ADVERTISERS!

**CPA ANTHONY HUESTON III**



CERTIFIED PUBLIC ACCOUNTANT  
TAX PREP/BOOKKEEPING

941.744.0604

**CULBREATH TERMITE CONTROL**

Complete Termite & Quarterly Pest Control  
755-1033



**PEST CONTROL  
&  
LAWN CARE**  
941-756-8280  
1012 Mark Avenue • Ellenton



**SunQuest Funding**

Reverse Mortgage Specialists  
Call today to get your Free Reverse Mortgage Info Kit  
973.885.4569

**Tony Sanchez**  
Branch Manager/SVP



**Stacey Maloney**  
Attorney, M.B.A.  
Business Administration  
& Succession Planning  
Estate Planning & Administration  
(Wills & Trusts)  
Probate • Real Estate  
FREE CONSULTATION

THE LAW OFFICE OF STACEY MALONEY, PLLC  
1990 Main St., Ste 750  
Sarasota, FL 34236  
www.MaloneyLegalLLP.com  
(941) 301-8877 | Email: Stacey@MaloneyLegalLLP.com

POOL  
CLEANING  
DONE  
RIGHT!



**CAPTAIN  
CLEAR  
POOLS**

941-301-8190

CAPTAINCLEARPOOLS.COM

St. Francis X Cabrini Parishioners



"CREMATIONS MADE SIMPLE & AFFORDABLE"  
748-7756  
501 17th Ave. West  
Bradenton, FL  
Member Knights of Columbus



Probate • Wills • Trusts • Real Estate

(941) 747-0888

www.bakerandpaullaw.com  
FREE Consultation with this Ad.

Loren M. Paul, P.A.  
515 9th St. East • Suite 100 (P Block of Manatee Memorial) • Bradenton