

St. Frances Cabrini Catholic Church

12001 69th St. East, Parrish, Fl. 34219

THIRD SUNDAY OF LENT

WWW.SFXCPARRISH.COM

sec@sfxcparrish.com

941.776.9097

OFFICE HOURS

Mon.-Fri 8:00am-4:00pm

Our Lord never asks
sacrifices from us
above our strength.
- St. Thérèse of Lisieux



SCHEDULE OF MASSES

Daily Mass: WED.THU, FRI -8:30 am
Tuesday 5:30PM

Saturday Vigil: 4:00 PM
Sunday: 8:00 AM & 9:45 AM
Pastor: Fr. Joseph Gates

PARISH STAFF

Operations Manager: Richard Lind
Religious Education: Mary Jo Chronis
Sacramental Coordinator: Chris Malone
Liturgy Coordinator: Lydia Herrera
Maintenance & IT: Ernie Nolder
Maintenance: Roger Rodriguez
Data Entry: Tom Moline

MARCH 3, 2024

Weekly Mass Intentions



TUESDAY

5:30pm

Req. By:

2nd Int.

Req. By:

WEDNESDAY

8:30am

Req. By:

THURSDAY

8:30am

2nd Int.

Req. By:

3rd Int.

Req. By:

FRIDAY

8:30am

Req. By:

2nd Int.

Req. By:

SATURDAY

4:00 pm

Req. By:

SUNDAY

8:00am

Req. By:

2nd Int.

Req. By:

9:45.

Req. By:

MARCH 5

+POOR SOULS

Kay

+PHILIP GONNELLI

Mom & Dad

MARCH 6

+HECTOR R. MORALES TORRES

Linda & Rich Pless

MARCH 7

+ROBERT SHALLER

+KEVEN GONZALES

Mom

+BRENT MUNDAY

Wife

MARCH 8

+THERESE DUMAIS

Son, Eric

+MARGARET HANDERSON

Patty Walenta

MARCH 9

+ ALVIN & JOANN KLINE

Loving Family

MARCH 10

+NANCY ANN RIZZO

Ray Rizzo

+TED KREGER

Kreger Family

+PETER & ANNA HO

Ann Nguyn



TODAY'S SCRIPTURE READING

First Reading 29:Ex 20:1-17

Psalms 19:8-11

Second Reading 1Cor 1:22-25

Gospel Reading Jn2:13-25

SACRAMENTS:

Contact the Office

Baptism: For registered & active parishioners:

Baptism instruction is required for Parents.

Reconciliation:

Saturdays 2:00-3:00 PM

In the main Church

or by Appointment

Weddings: Must be arranged with the Pastor at least 6 months before the date desired.

Funerals: Please contact the Office for a meeting for Dates, Readings, and music. There are certain policies in place at St. Frances Cabrini for the respectful burial of your loved one.



Thrift Store Hours

9:00am-2:00pm

Monday-Friday

Closed: Wednesday & Weekends

Last Rites & Anointing of the Sick

Due to the Distance from Parrish Manatee Hospital:

Sacred Heart: 941-748-2221

Lakewood Ranch Hospital:

Our Lady of the Angels: 941-752-6770

Doctor's Hospital Sarasota:

Incarnation: 941-921-6631

St. Patrick's: 941-378-1703

DO NOT WAIT TILL THE LAST MINUTE

If in Hospice at home—please call as soon as Possible preferably during the day!

Emergency Number **813-629-3963** for Priest in case of Death

THIRD SUNDAY OF LENT



READINGS FOR THE WEEK

MONDAY ST. CASIMIR

237: 2Kgs 5:1-15b Ps 42:2-3; 43:3-4 Lk 4:24-30

TUESDAY

238: Dn 3:25,34-43 Ps 25:4bc-5ab,6-7b8-9 Mt 18:21-35

WEDNESDAY

239: Dt 4:1,5-9 Ps 147:12-13,15-16,19-20 Mt 5:17-19

THURSDAY STS. PERPETUA & FELICITY

240:Jer7:23-28 Ps 95:1-2,6-9 Lk 11:14-23

FRIDAY ST. JOHN of GOD

241:Hos14:2-10 Ps 81;6c-11b,14,17 Mk 12:28-34

Supporting our Diocese

Our Goal to support the Diocesan Offices, Missions, and Charities.

CFA 2023 Final
Goal \$19800.00
Actual \$222575.31



Parish Focused Giving

Helping to relieve our Parish of St. Frances Cabrini Debt!

Goal: \$174,559.61
Balance \$149265.23

FAITH FORMATION

(Children, Youth, & Adult)

This Week in Faith Formation

Sunday, March 3rd

FFF Parent Meeting 11:00-12:30 PM

[Guest speaker: Mother Nikolova Klobe]

Monday, March 4th

Divine Mercy Cenacle 6:30-8:00 PM

Tuesday, March 5th

Wednesday, March 6th

Divine Mercy Cenacle 9:30-11:00 AM

6th – 8th Grade & Confirmation Y1/Y2 6-8 PM

[Conf Y2 Parents/Sponsors Required @ Rehearsal]

Thursday, March 7th

"Restore" & "Fearless" 9:30-11:00 AM

OCIA 6:00-8:00 PM

"The Wild Goose" 6:30-7:30 PM

Friday, March 8th

Stations of the Cross after 8:30 AM Mass

Bible Study 9:30-11:00 AM

Stations of the Cross 5:30 PM

Saturday, March 9th

TMIY 6:30-8:00 AM

Upcoming Information

Sunday, March 10th

First Communion Y2 11:00-12:30 PM

Young Adult Retreat @ OLPH 9:30AM-3:15 PM

Monday, March 11th

Divine Mercy Cenacle 6:30-8:00 PM

Tuesday, March 12th

Wednesday, March 13th

Divine Mercy Cenacle 9:30-11:00 AM

Confirmation Mass @ 6:30 PM

[All are invited to attend & support our candidates!]

Thursday, March 14th

"Restore" & "Fearless" 9:30-11:00 AM

OCIA 6:00-8:00 PM

"The Wild Goose" 6:30-7:30 PM

Friday, March 15th

Stations of the Cross after 8:30 AM Mass

Bible Study 9:30-11:00 AM

Stations of the Cross 5:30 PM

Saturday, March 16th

TMIY 6:30-8:00 AM

FAITH FORMATION

FORMED
 THE CATHOLIC FAITH.
 ON DEMAND.

St. Frances Cabrini invites you to take advantage of our FREE subscription to FORMED.org with Catholic programming for the **entire family!** To set up your FREE account, visit formed.org/signup and select our parish.

[You can search by zip code 34219]

There is also an APP ~ learn more at app.formed.org.

Below are a few examples of programs available for families, parents, children, youth, and adults...



Come join a **NEW** study group to help you draw closer to God during the Lenten season of prayer, fasting, almsgiving, and sacrifice! The group will meet on Thursdays from 9:30-11:00 AM starting February 15th. [Optional “Guided Lent Journal” available for \$10.]

You’re invited to take part in a 14-week study that will give you the opportunity to experience a deeper relationship with the Holy Spirit. Each session will consist of watching an episode followed by a small group discussion/reflection. The group will meet in the Cabrini Center on Thursday evenings from 6:30-7:30. Sessions begin January 25th and end May 9th. The study group will be led by Paul and Diane Dadowski. Call the Parish Office to register! 941-776-9097.

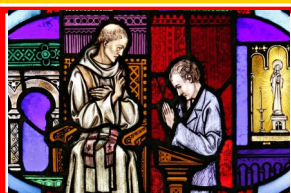
FRIDAYS † IN LENT

— 40 Days Of Renewal —



Eucharistic Adoration

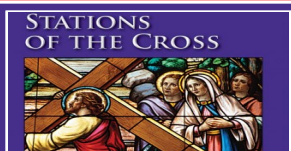
9:30 AM—5:00 PM
 (Any Funerals will be 10:30-11:30AM)



Confessions

4:00 PM—5:00 PM

Saturdays
 2PM—3:00PM



Stations of the Cross

9:00 AM & 5:30 PM

Please Keep in Prayer our:

OCIA Candidates

Confirmation Candidates

First Communion Children

Loving God, you gather us as your people and have formed us into a community of faith, hope and love; a priestly, prophetic and kingly people. Humbly we ask you, make our parish truly a communion of communities. Help us to turn away from sin and believe the Gospel, so that we may be faithful disciples of Jesus Christ, and to be more like Him day by day. Guide our parish leaders with your wisdom and love. Inspire all our parishioners to offer our time, talents and treasures as stewards of the Gospel, for the growth of your Kingdom.

May the Holy Spirit enlighten and invigorate us to actively participate in the mission you entrusted to us, so that we may be a worshipping, witnessing, evangelizing and serving community. May the spirit of collaboration and co-responsibility bring us into a fuller and fruitful communion with you and with one another. We ask this through Christ, our Lord. Amen.

MARCH 3, 2024



Our Mother's House



Ash Wednesday to Palm Sunday



Every Friday in Lent

5:00-7:00PM

Drive Thru Only

Starting Feb. 16

Menu:

Fish, Fries, and Slaw

Shrimp, Fries, and Slaw

Combo Platter

\$13 each or \$25 for Two

**Cash or
Credit Cards
Accepted**

12001 69th Street East

Parrish, FL 34219

March 3, 2024

HOW NOT TO GO TO CONFESSION by Fr. Casey Jones

I hope and pray that everyone is taking advantage of the great Sacrament of Penance, that is Confession, during the Lenten season. I pray even more earnestly for a return to the faithful frequenting of this sacrament, especially those who need to do so to make a fruitful Holy Communion. As the confession lines get longer this time of year, it would be good to point out some common behaviors to be avoided, not only to save time for the priest and the penitent but also to make the confession more fruitful:

1. Approaching the Sacrament Unprepared: The first way to be prepared for a good confession is to truly be sorry for your sins. “Among the penitent’s acts, contrition occupies first place. Contrition is ‘sorrow of the soul and detestation for the sin committed, together with the resolution not to sin again.’” (Catechism of the Catholic Church 1451) If we do not have sorrow for our sins, and if we do not desire or intend to cease the sinful activity, then confession is pointless as contrition is required for the sacrament to be valid. Also, we should come to confession prepared to confess sins. Here at SES, there is an easy guide that provides a list of sins that should be confessed. This document or other tools are helpful to examine our conscience before confession so that we come into the sacrament prepared to confess our sins and receive God’s grace.

2. Confessing the Sins of Other People: I have sometimes sat in a confessional with a penitent for over ten minutes without them confessing a single, personal sin. However, I did learn about all the sins of their spouse, their children, the Pope, the President, the Pastor (including when the person is me), neighbors, celebrities, postal workers, children’s teachers, the IRS, and cashiers at Publix. Often this is a segway into confessing one’s own sins of lack of charity and/or patience. Trust me, it is OK to skip the intro and just say “I have been lacking in charity, and/or patience”. Also, it should be said that there are some exceptional circumstances when it would be appropriate to disclose to the priest that you have been a victim of abuse or some other kind of trauma, but in general, please just stick to your sins. Remember, unnecessary disclosure of another’s sins can be the sin of detraction, and this sacrament is about you receiving God’s healing grace and mercy.

3. Telling the Priest What a Good Person You Are: For some reason, more than a few people feel that they cannot get to the confessions of their sins without making sure the confessor is convinced that they are a good person and/or a good Catholic. The priest is not there to make judgments of your character. He is there to help you make a good confession and ultimately provide you with God’s mercy. Clearly, you care about your relationship with Christ and are trying to be a better person, otherwise you would not come to confession. It is certainly not necessary to recite a resume of your Catholic education. As an act of humility, remind yourself that all you must do is name your sins. Be vulnerable with the Lord, do not tip-toe around it. Bear your wounds to Christ who longs to heal you.

4. Providing Unnecessary Details: Honestly, just naming the sin in kind and approximate number is all that is necessary (even a term like “habitually” or “a lot” could suffice as an approximate number). If necessary, the confessor will ask for more information. “If necessary, the priest helps the penitent make an integral confession.” (Rite of Penance). Things that are good to disclose to the confessor: your state in life (married, single, religious, etc), approximate age (I’m a teenager, I am a senior, etc). In terms of your sins, it would be good to know if you were alone or with another (an “accomplice”), if there is a mitigating factor that caused you to sin, or if you were unsure whether the action was a sin. The priest does not need to know what you said to Sally, does not need the name you called your husband, does not need to know the time and date, does not need to know the intimate details, and the priest does not need to know the name of the romance novel you have been reading. Simply things like “I was unkind on over a dozen occasions”, “I have read (or viewed) unchaste material”, and “I have gossiped on several occasions” will do just fine.

5. Being Vague or Intentionally Omitting Mortal Sins: “I have made some bad choices.” “I could be a better person.” “Just put me down for all of them.” These are not statements that are going to lead to allowing God to heal and forgive. Neither is naming commandment numbers like we are ordering fast food combos. We make a general confession of our sins together at Mass during the penitential act. Confession is about bearing our wounds to Christ so that He might bring us healing. “All mortal sins of which penitents after a diligent self-examination are conscious must be recounted by them in confession...When Christ’s faithful strive to confess all the sins that they can remember, they undoubtedly place all of them before the divine mercy for pardon. But those who fail to do so and knowingly withhold some, place nothing before the divine goodness for remission through the mediation of the priest, for if the sick person is too ashamed to show his wound to the doctor, the medicine cannot heal what it does not know.” (CCC 1456-57, quoting the Council of Trent and St. Jerome)

6. Using Confession Time For Spiritual Direction, Pastoral Counseling, or Advice: While the Rite of Penance does say that the priest can and should provide “suitable counsel” to the penitent, this would be mainly to help make a good confession and perhaps practical advice on resisting sin in the future. For counseling, spiritual direction, theological questions not pertinent to your confession, and other advice, it is better to make an appointment for a phone call or to meet. Confession is really for confessing your sins and receiving God’s mercy. If you need to speak further about something, please make an appointment in with Office.

Also, it should be said that “practice makes perfect” and frequenting the sacrament makes it much easier to go to confession. Above all, we want you to come and experience the great gift of God’s mercy. We care about your soul and help you to be in the right relationship with God. As I like to say, “Just get your soul in the box!” We look forward to seeing you there!

What to look for (examine) in your Conscience before entering the Sacrament

First Commandment: “I am the Lord your God, you shall not have strange gods before Me.” Have I denied God? Have I been ashamed of or denied my faith in front of others? Have I ridiculed the teachings or practices of the Church? Have I neglected my prayers? Have I used witchcraft, Wicca, or other Occult practices? Have I practiced various forms of superstition such as fortune tellers, mediums, ouija boards, tarot cards?

Second Commandment: “Do not take the name of the Lord in vain.”

Do I use God’s name carelessly, in anger, or in surprise? Have I called down evil upon anyone or anything?

Third Commandment: “Keep holy the Sabbath Day.

Have I, through my own fault, failed to come to Mass each Sunday and every Holy Day of Obligation? Do I arrive at Mass late or leave early without good reason? Do I allow myself to be distracted at Mass?

Fourth Commandment: “Honor your father and mother.”

Have I disobeyed my parents or treated them with disrespect? Am I disrespectful, impolite, or discourteous toward my family? Have I neglected my work or my studies? Have I been helpful in my home? Have I failed to study seriously and with diligence? Have I missed an exam at school because of laziness? Am I disrespectful toward the elderly? Am I disobedient to the civil law or to those in authority such as the police?

Fifth Commandment: “You shall not kill.”

Did I have an abortion or help another to have an abortion? Have I mutilated my body or another’s body? Did I attempt suicide or seriously consider thoughts of suicide? Do I act violently by fighting or hitting others? Have I had thoughts of hatred toward another? Have I taken illegal drugs or abused prescription drugs? Have I sold or distributed illegal drugs? Do I neglect to take proper care of my body? Do I eat too much, or sleep too much? Do I drink beer or other alcoholic beverages in excess? Have I allowed myself to become intoxicated? Am I too concerned about my health or appearance? Do I deliberately harbor unkind and revengeful thoughts about others? Have I taken revenge? Have I used harsh or abusive language toward another? Do I act rudely, impolitely, or ridicule others? Have I been guilty of the sin of racism? Am I cruel to animals?

Sixth & Ninth Commandments: “Do not commit adultery. Do not covet your neighbors wife.”

Have I desired or done impure things? Have I taken pleasure in entertaining impure thoughts or desires? Have I read impure material, listened to music with impure lyrics, or looked at impure images, whether in photos or on television or in movies or on the Internet? Have I aroused sexual desire in myself or another by impure kissing, embracing, or touching? Have I committed impure actions alone, i.e., masturbation? Have I committed homosexual acts or other unnatural acts? Do I use artificial contraception whether surgical, barrier or chemical methods? Have I dressed immodestly or been too concerned with the way I look? Do I use vulgar language or tell or listen to impure jokes or stories?

Seventh and tenth Commandments: “You shall not steal. Do not covet your neighbor’s goods.”

Have I taken anything that was not my own? Have I damaged private or public property or defaced it by vandalism? Have I been guilty of shop-lifting? Have I accepted or bought stolen property or helped someone to steal? Have I bribed someone? Do I gamble excessively? Have I borrowed something without the owner’s permission? Have I failed to return something I borrowed? Do I waste money or spend it extravagantly? Have I harbored a greed for money or worldly possessions? Have I made of money, or any possession, a false god? Do I waste goods or food? Have I cheated on tests or schoolwork? Have I cheated in games or sports?

Eighth Commandment: “You shall not bear false witness against your neighbor.”

Have I lied deliberately? Have I sworn to do something sinful or illegal? Have I slandered others by attributing to them sins they did not commit or of which I had no evidence? Do I gossip about others or listen to gossip? Have I told a secret I was asked to keep? Have I betrayed someone’s trust? Have I criticized anyone uncharitably? Do I make rash judgments and harbor false suspicions about others? Have I deliberately misled or deceived anyone? Have I refused to forgive someone or held a grudge against him or her? Have I failed to apologize or make amends to someone I offended?

Other considerations: Am I greedy or selfish or do I indulge in self-pity? Am I proud or vain or do I show off? Am I superficial and worldly? Do I desire to be praised by exaggerating my success? Am I touchy and hypersensitive? Do I magnify the least oversight or thoughtlessness into an insult or deliberate slight? Have I been boastful? Have I been arrogant with others? Have I obstinately defended actions which are sinful, either my own or other’s? Am I rebellious? Have I spent useless time planted before the TV when I could be doing more constructive things? Am I envious of someone’s possessions and do I inordinately desire them to be my own? Do I take delight in the misfortunes of others?



Groover Funeral Home at Mansion Memorial Park

FUNERAL HOMES AND CREMATION SERVICES

Vincent J. Cipriano
Pre-Planning Advisor

1400 36th Avenue E (Ellenton-Gillette Rd)
Ellenton, Florida 941-722-6602

If the final resting place for your loved one is in another state, we can accommodate this need.



Hablamos Español




DAVID M. BRACCIANO, D.O.
Dermatology & MOHS Surgery



Two Locations
8710 Old Tampa Rd
US 301 N • Parrish
776-8333

500 9th Ave. W • Palmetto
729-4000

18 Minute Oil Change
No Appointment Necessary



Ray Parker
Financial Advisor
5889 53rd Ave. E.
Bradenton, FL 34203
941-727-0204

Parishioner

MKT-58940-A AECSPAD • edwardjones.com



Melissa Raleigh
401-742-5784
Parishioner



8430 Cooper Creek Blvd., Suite 102 | University Park, FL 34201
941.360.2255
www.braccianodermatology.com

INJURED?



JUSTICE PAYS.com

941-907-3088

Bernie Walsh Parrish

LPAC
Air Conditioning
Ductwork • Air Quality
Test/Retest/Seal

Your Local HVAC Experts

SINCE 1989

Family Owned & Operated

www.lpacservices.com | (941) 755-7122

Place Your Ad Here and Support our Parish!

Instantly create and purchase an ad with

AD CREATOR STUDIO



4lpi.com/adcreator



James F Morrison III, CFP®, AAMS®
Financial Advisor
1001 3rd Ave West
Suite 170
Bradenton FL 34205
941-722-0163



Trusted. Committed.
Banking Forward.

SouthState

Brian Miller
Branch Manager
12215 US Hwy 301
Parrish, FL 34229
941.776.1188

SouthStateBank.com
Member FDIC



JUDY AARNES

HELPING YOU FROM START TO FINISH



COLDWELL BANKER REALTY

(941) 704-9744
judy@judyaarnes.com

LET'S GROW YOUR BUSINESS

Place Your Ad Here and Support Our Parish!

CONTACT ME
Trey Hill

thill@4LPI.com
(800) 950-9952 x2613

Like a good neighbor,
State Farm is there.®

KIM VOLÉ
Agent

8169 US Highway 301
Parrish, FL 34219
Off: 941-776-5900



State Farm® Insurance Companies
www.kimvole.com
Home Office, Bloomington, Illinois

AIRPORT & CRUISE LINE TRANSPORTATION
Friendly and Courteous Service


941-744-6050
Mike & Caroline Baldassarre
20 years in business

SUPPORT OUR ADVERTISERS!

CPA ANTHONY HUESTON III

CERTIFIED PUBLIC ACCOUNTANT
TAX PREP/BOOKKEEPING

941.744.0604



CULBREATH TERMITE CONTROL
Complete Termite & Quarterly Pest Control

755-1033



MCKENZIE PEST CONTROL

PEST CONTROL & LAWN CARE

941-756-8280

1012 Mark Avenue • Ellenton



SunQuest Funding
Licensed in FL, HI, IL, NY, and N.J.

Tony Sanchez
Branch Manager/SVP

Reverse Mortgage Specialists

Call today to get your Free Reverse Mortgage Info Kit

973.885.4569



Stacey Maloney
Attorney, M.B.A.

Business Administration & Succession Planning
Estate Planning & Administration (Wills & Trusts)
Probate • Real Estate
FREE CONSULTATION

THE LAW OFFICE OF STACEY MALONEY, P.L.L.C.
1980 Main St., Ste 750
Sarasota, FL 34236

1201 6th Ave. W., Ste 100, Unit #4621
Bradenton, FL 34205

www.MaloneyLegalFL.com
(941) 301-8672 | Email: Stacey@MaloneyLegalFL.com

POOL CLEANING DONE RIGHT!



CAPTAIN CLEAR POOLS

941-301-8190

CAPTAINCLEARPOOLS.COM

St. Frances X Cabrini Parishioners

The Good Earth CREMATORY

CREMATIONS MADE SIMPLE & AFFORDABLE!

748-7756

501 17th Ave. West
Bradenton, FL

Member Knights of Columbus

Probate • Wills • Trusts • Real Estate



Laves M. Paul, P.A.

(941) 747-0888

www.bakersandpaul.com
FREE Consultation with this Ad.
503 Manatee Ave E • Bradenton, FL 34208